



**Girlguiding**  
North Yorkshire North East



**Thrifty at 50 Challenge 2024**

## **Welcome**

Welcome to our Thrifty at 50 Activity Pack which we have produced to help mark the fact that Girlguiding North Yorkshire North East county is 50 years old this year.

We have designed the pack for units to enjoy with the idea that the activities are fun, cheap, or free, environmentally friendly and/or sustainable as much as possible. We know these are important concerns to our young members today and we also know units are needing to watch their finances carefully.

The Thrift interest badge has come and gone in the Girlguiding programme over the years, the most recent ones were about 30 years ago but there was one 100 years ago, so being Thrifty is nothing new in Girlguiding! For fun, we have added the clauses for the Brownie and Guide thrift badges from 1995. There may still be many of these badges around so why not try and get hold of some and challenge your girls to complete the badge?

In 1947 one of the things a Brownie had to do to gain the Thrift badge was make something useful out of second-hand material. In 1924 a Guide had to show a record from a parent or guardian that she has darned her stockings, mended clothes, kept shoes cleaned and repaired, and not used safety pins or other make-shift items for buttons, hooks, hems of skirts, belts, etc!

Thanks goes to Emily, Becca and Lizzie who have put this activity pack together for us. We hope you enjoy completing the activities and gaining the badges.

Yours in Guiding,

***Rachel***

County Commissioner

## Challenge Badge Guidance

We recommend you to run this challenge throughout the year of 2024 to celebrate North Yorkshire North East's 50th Birthday!

There are 50 challenges overall across 5 themes: Outdoors, Food, Clothing and Craft, Indoors and Party.

We suggest the following number of activities/challenges to be completed from each theme for each section:

- Rainbows – 2 (10 activities/challenges in total)
- Brownies – 3 (15 activities/challenges in total)
- Guides – 4 (20 activities/challenges in total)
- Rangers – 5 (25 activities/challenges in total)

We also recommend that you work with other units which meet at the same meeting place as you or meet in your local area to save on resources and materials.

Please note Rainbow overnight events must not exceed one night and two days, including travel, from when care of the girls is transferred to the leader.

For all challenges, please feel free to adapt these to meet the needs of young members in your unit and remember to risk assess activities you plan to undertake with your unit.

Some potential programme links include:

- Rainbows – Binocular Bingo UMA, Echo, Echo, Echo UMA, Mascot maker UMA, recycling interest badge
- Brownies – Dancing in the Rain UMA, Hedgehog Home UMA, baking interest badge, grow your own interest badge
- Guides – Saver interest badge, Warm in the Wild UMA
- Rangers – Land Art UMA, Cooking interest badge

# Outdoors

- 1.** Pick up 50 pieces of litter collectively as a unit. Perhaps you could combine this with a walk (outdoor challenge number 3)?
- 2.** Complete the nature, birds, and wildlife bingo. We have given you an example grid of 15 at the back of this challenge pack. Can you add any more? Perhaps you could combine this with a walk (outdoor challenge number 3)?
- 3.** Do one of the following: Walk 50 miles, go on a sponsored walk & raise £50 or more for your unit/charity of your choice, or go on a penny hike using a 50p coin.
- 4.** Try 50 minutes of a new exercise, sport, or outdoor activity.
- 5.** Go on a camping or residential trip for 50 hours (Brownies/Guides/Rangers Only).
- 6.** Do one of the following: Grow 50 seeds in yoghurt pots or similar, plant 50 bulbs or support the planting of 50 trees.
- 7.** Collect 50 empty cans in your unit and visit your local recycling area/centre to recycle them.
- 8.** By lighting a fire or using a tealight, toast marshmallows to make s'mores.
- 9.** Plan a trip for your unit using only public transport.
- 10.** Record the temperature each week at your unit meeting and colour in a chart based on temperatures. At the end of the year, compare your results with another unit.

# Food

- 1.** Make a meal with a £5 budget.
- 2.** Make a meal using the least amount of energy and safely freezing leftovers, if there any.
- 3.** Either ask all the young members in your unit to bring 50p each to go to the supermarket in your unit meeting to buy as many items as possible to donate to the local foodbank or ask all the young members in your unit to bring a tin of food or item to donate to the local foodbank.
- 4.** Decorate 50 biscuits as a unit.
- 5.** As a unit, make, decorate, or eat 50 chocolate brownies.
- 6.** Help out at or promote a local soup kitchen or foodbank.
- 7.** Donate any excess food leftover from a camp or event to a local foodbank.
- 8.** Run a Ready Steady Cook night at your unit: Ask young members to bring a tin of food to the meeting then use them cook a meal or run a bushtucker trial with little or no wasted food.
- 9.** Make and decorate cupcakes/buns using a 50-gram recipe. 50 grams of each ingredient as the average egg weighs 50g
- 10.** Make pasta necklaces with the least amount of waste possible!

# Indoors

- 1.** Ask young members to bring 50p each to the unit meeting and as a unit discuss what you could buy as a legacy item for the unit that will last for at least 50 years. Use the 50p's collected to purchase a legacy item.
- 2.** Try some 1970's inspired mocktails at your unit.
- 3.** Either learn 50 knots or see how many knots you can tie in 50 seconds.
- 4.** As a unit, can you come up with 50 new words from the words:  
North Yorkshire North East Thrifty at 50 Challenge!
- 5.** Ask all the young members in your unit to bring a book or toy to the unit meeting to swap with someone else and donate anything left over to charity.
- 6.** Collect 50 leaves in your unit and make them into the number 50.
- 7.** As a unit or individually, complete the quiz at the back of this challenge pack.
- 8.** As a unit, work out how much energy you use in your meeting place and how you could reduce this.
- 9.** For World Thinking Day, as a unit make or donate something to another unit outside of your division
- 10.** Run a game as cheaply as possible using a recycled item, with a budget of 50p / 50 game ideas to share with the County

# Clothing and Craft

- 1.** Make a plate bag / reusable mug to be used at camp.
- 2.** As a unit, collect your crisp packets and use these to make a blanket for the homeless and then donate it to a local charity or collection point.
- 3.** As unit, collect recyclable items and use them to create recycling art, then recycle the items afterwards!
- 4.** Make friendship bracelets, using resources and materials you already have.
- 5.** Do one of the following: collect 50 items or buttons and use them to design a card or make celebration cards to send to a local care home/children's home/homeless using the least new materials possible, for example reusing Christmas cards.
- 6.** As a unit collect old clothing and use this to make your own puppets and puppet show.
- 7.** As a unit collect old clothing and materials and use these to make an outfit for a unit mascot.
- 8.** Make a tie-dye top or tote bag, using an old white top and left over food. Examples include: beetroot, onions, red cabbage or used tea bags.
- 9.** Transform an old piece of clothing (such as a T-Shirt or Jeans) into a tote bag.
- 10.** Create a 50-piece Guiding jigsaw to represent your unit. Draw a grid with enough squares for everyone in your unit and get everyone to draw something that shows what Girlguiding means to them

# Party

- 1.** Invite someone to your unit meeting who was a Brownie, Guide or involved in Guiding in the last 50 years to talk about their experiences.
- 2.** Create a pass the parcel using recycled paper, see if you can get to 50 layers!
- 3.** Listen to music from 1970's, 1980's, 1990's, 2000's, 2010's and 2020's and decide on which decade's music you like best!
- 4.** Every party should have a costume or theme! This one is through the decades! Try on different outfits from the last 50 years and decide on your favourites (try finding items in a charity shop or donations from parents and grandparents, etc.)
- 5.** As a unit, decorate cupcakes or buns (perhaps you could freeze your buns/cupcakes made earlier in the challenge to decorate at a later date).
- 6.** Make your own party decorations, for example make a 50-link paper chain using recycled materials.
- 7.** Recycle your waste appropriately – sort plastics, bring containers to take food home, etc.
- 8.** Make/serve your favourite mocktails from the 1970's.
- 9.** Play the Giant's Kitchen game and make a 50 shape using your bodies (send a photo to county ensuring you have relevant photo permissions).
- 10.** Discuss what you have learnt whilst taking part in this challenge and send your feedback to [admin@girlguidingnyne.org.uk](mailto:admin@girlguidingnyne.org.uk) to receive your badges!



# Quiz

1. In what year was North Yorkshire North East County formed? **1974**
2. What date is World Thinking Day? **22 February**
3. What does the star on the Girlguiding trefoil stand for? **The star represents the Guide Law - a star with five points (and therefore 10 if you count the inner points) stands for the original 10 laws.**
4. In what year was the Girlguiding centenary? **2010**
5. How old is your unit? ...
6. How many World Centres are there? **5**
7. Can you say your promise as a unit? ...
8. What is the age range for your section? **Rainbows 4 – 7, Brownies 7 – 10, Guides 10 – 14, Rangers 14 – 18**
9. Who established Girlguiding? **Robert Baden Powell and his sister Agnes Baden Powell**
10. What is the highest award you can achieve in Girlguiding? **Queen's Guide Award**
11. What is the 5th word in the Girlguiding promise (all sections)? **Will**
12. What does WAGGGS stand for? **Word Association of Girl Guides and Girl Scouts**
13. How many Divisions are there in North Yorkshire North East County? **8**
14. What are the names of the two NYNE County Campsites? **Holme House & Barneybeck**
15. What does Girlguiding do? **Helps all Girls know they can do anything**

# Nature, Bird and Wildlife Bingo

Seagull	Squirrel	Acorn
Pigeon	Woodlouse	Helicopter Seeds
Robin	Ladybird	Hedgehog
Common Blackbird	Snail	Conker / Horse Chestnut
Blue Tit	Frog	Pinecone

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# Bonus

For an extra challenge, why not try to earn your Brownie or Guide Thrift badges from 1995 too!

## 1995 Brownie Thrift badge:



1. Find out what the word thrift means.
2. Do one of the following:
  - a. Make something new out of something old.
  - b. Make something useful out of bits you would normally throw away.
3. Show how wisely you have used your own money over four weeks.
4. Save newspapers, postage stamps, bottle tops or greetings cards for at least three months to help a charity. Find out about your chosen charity and discover what happens to the things you have saved.
5. Discuss five ways you could be thrifty at home.

## 1995 Guide Thrift badge:



1. Discuss least three ways of saving money in the home on items such as food, household goods, cleaning materials, clothing and do-it-yourself products.
2. Do one of the following:
  - a. Make a new garment from an old one.
  - b. Make a bed or cot cover from old or leftover wool or materials.
  - c. Make any other useful article from second-hand materials.
3. Do one of the following:
  - a. Describe in detail two methods of food preservation to be chosen by yourself from jam-making, fruit bottling, herb drying, food freezing and pickling. Take one example made by yourself to the test, being aware of its storage and future use.
  - b. Bring to the test four recipes for using up leftover food (such as potatoes, rice, meat, vegetables) in an appetising way. Know the precautions to be taken when using leftover food.
4. Do one of the following:
  - a. Know ways of saving energy and natural resources, for example electricity, gas, oil, water, wood.
  - b. Know the facilities for recycling waste in your area.
5. Discuss several small but inventive ways in which you yourself have been thrifty, such as using old cards, containers, materials etc.
6. Know the advantages of different ways of saving your money, for example, banks, building societies, the Post Office.

# Badge Order Form

Leader Name	
Unit Name	
District / Division	
Total number of badges (60p each)	
Total Cost of badges	
Delivery Cost (please tick the correct number of badges)	<input type="checkbox"/> 1 to 50 badges - £1.50 <input type="checkbox"/> 50 to 100 badges - £2.25 <input type="checkbox"/> Over 100 badges - £3.50
Total Cost of badges and postage	
I am paying the amount above (please tick the correct box):	
<input type="checkbox"/> Via bank transfer to Guide Association NYNE Sort Code: 20-56-74 Account Number: 20390712 Reference: Thrifty fifty Please email a copy of your order form to <a href="mailto:admin@girlguidingnyne.org.uk">admin@girlguidingnyne.org.uk</a>	
<input type="checkbox"/> Via cheque payable to Girlguiding NYNE Please post your cheque and order form to Nikki Beales, Overture, Jenkins Garth, Leyburn, North Yorkshire, DL8 5SP	
Contact email address	
Delivery Address	
Leader signature	