



# FIRST FRIDAY

## FLYER

# 2<sup>nd</sup> July 2021

### A message from our County Commissioner

I know many of you are now managing to meet face to face either outside or indoors and I hope it is all starting to feel a bit more normal. It was lovely last week to be invited to Great Ayton Guides to present some bronze, silver and gold awards, something I have had very little opportunity to do so far.

It is good to see that our membership numbers have increased again this month, although they may not increase much more now until September I guess.

As we are heading towards the summer holidays, I wish you all a well-earned break and lets really hope that by September, normal Guiding can return for all of us.

You may be interested to hear that Ann Edwards and I took the county standard to the Bowes Museum last week with a view to them cleaning the standard and making the necessary repairs to ensure it lasts for many more years.

This month the Spotlight is on Girlguiding Region North East England in celebration of our 50<sup>th</sup> Birthday.



Yours in Guiding

Rachel



Please note First Friday Flyer is taking a little summer break this year, so there will not be an August edition, we'll be back in September. In the meantime please keep an eye out for information/updates coming out by email, on the county website: <https://girlguidingnyne.org.uk/> and on our facebook page <https://www.facebook.com/GirlguidingNYNE>

Have a lovely summer break.

## Dates for Your Diary:

### - *First Response Face to Face Skills Check*

Saturday 31st July 10am - 1pm St. Marks Church Hall, Scarborough and

Sunday 1st August 10am - 1pm, Northallerton Scout & Guide Hall, Northallerton

If you have completed or are about to complete your 6-hour training and need to do the short skills check session to complete your qualification, we have 2 sessions planned in county.

To keep everyone as safe as possible the session will be organised into 15-minute time slots with only 2 people and the trainer in each slot. Cost £5 per person, a legitimate unit expense.

If you would like a slot on either day, please email Ali on [admin@girlguidingnyne.org.uk](mailto:admin@girlguidingnyne.org.uk) with your name, unit, membership number and mobile number (for track and trace)

### - *County Leaders Day*

October 2<sup>nd</sup>, 10am - 4pm, Lady Lumley's School. Pickering  
£18, including lunch (a legitimate unit expense)

#### **Morning Sessions** - for each section

The session will focus on best practice, sharing ideas, exploring promise celebrations, discussions with the girls following Skills Builder / UMA, transitions between sections. There will be plenty of opportunities to 'air and share' your experiences.

#### **Afternoon Sessions** - choices from the following.

**Commissioner Workshop** - for new and prospective commissioners, making the most of your role

#### **How to prepare and update Risk Assessments**

**Leadership Qualification** - for all those new to the leadership role (those changing sections do not need to complete this training, visit the website to learn

more <https://www.girlguiding.org.uk/globalassets/docs-and-resources/learning-and-development/leadership-qual/lq-module-1-conversation-checklist-v2.pdf>)

**Mental Health** - broaden your knowledge of mental health issues affecting your members and how best to support those in your unit

**Mentoring** - for new and experienced mentors, how to make the most of the role

**Safe Space Level 3** - recognising, telling and taking action

*Look out for email with further info and booking details next week.*

*Booking Closing Date: 11th September*

Please note - if the training cannot go ahead face-to-face, we will move the training online via Zoom.

### - *Strictly Come Guiding - county weekend*

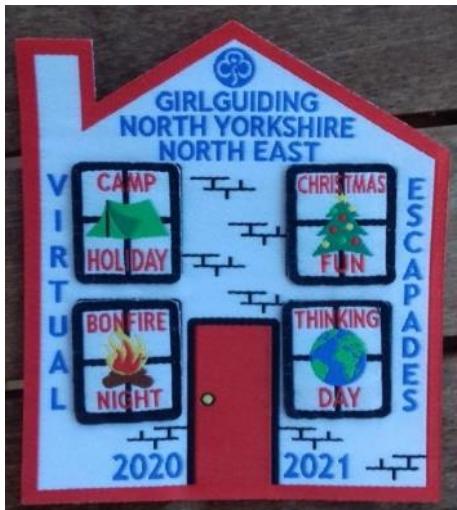
1-3 July 2022, Waddow Hall – more details to follow.

## Peer Education

If you're looking for something a bit different, how about inviting a Peer Educator to your unit, either face to face or virtually? Peer Educators are young members aged between 14 and 26 who are qualified to run sessions for Brownies, Guides and Rangers. These sessions are called Think Resilient (on mental wellbeing),

Breaking Free (on gender stereotypes) and Free Being Me (on body confidence) and are tailored specifically for your unit. Each of these sessions come with a badge that can be bought from the Girlguiding website or can be found in the Girlguiding catalogue. If you'd like more information, have any questions or would like to request a session, please contact: [peereducation@girlguidingnyne.org.uk](mailto:peereducation@girlguidingnyne.org.uk).

## North Yorkshire North East Virtual Escapades



Our Virtual Escapades badge is still available so why not consider completing it in your unit if you have not already done so. You can be as flexible as you like with the badge - run all the windows over a few weeks or as and when you can, why not have a residential event when you can and complete it all then?

We have a limited number of badges and will not be ordering any more, so plan ahead and get your badges ordered!

## Coming soon - International Virtual Escapades

Look out for our new badge which we hope will be ready later this month for launch in September.

## A Safe Space Level 3 Training - message from region

We've recently launched virtual L3 training dates up to the middle of September which you can book online. We're aware that there are a significant number of volunteers coming up for renewal in September, and we anticipate that September demand will be greater than the number of places we can offer in that month. What we need to prevent this becoming a problem and stopping units meeting in the new school year is for volunteers to plan and book their training now, checking out the course dates which are available all through the summer term and holidays.

## Girlguiding North Yorkshire County Challenge

### Whatever the Weather!

North Yorkshire West have put together a challenge pack, which due to an error on the badges they are inviting all the Girlguiding North Yorkshire Counties to join in with. (They say Girlguiding North Yorkshire not Girlguiding North Yorkshire West!)

This year's challenge is aimed at getting everyone outdoors, active and having fun along the way.

The pack is divided by seasons with activities for any weather! There's something for everyone, from Rainbows all the way through to Brownies, Guides, Rangers and adult members as well!



Complete 10 activities to earn the Whatever the Weather badge!

Download the challenge pack here:

<https://www.girlguidingnyw.org.uk/2021/05/09/whatevertheweather/>

## Ilkley Cow & Calf Abseil Challenge

Martin House Children's Hospice have asked us to pass the following information to your unit members please.



Martin House Children's Hospice would like to invite you to take part in their first ever **Ilkley Cow & Calf Abseil Challenge** this summer.

Taking place on **Saturday 17th July 2021**.

The challenge begins with a Tyrolean traverse between the 45ft high iconic Ilkley Moor boulders, followed by an adrenaline-inducing 50ft abseil down 'the Cow'!

The event will be facilitated by their abseil experts and it is suitable for anyone aged 8 years and over, costing only £25 per person.

For further information and to register for the event please visit

- <https://www.martinhouse.org.uk/What-s-on/Events/Cow-and-Calf-Abseil>

## NEE Region 50<sup>th</sup> Birthday Challenge

To celebrate our 50th birthday we have put together a challenge pack full of activities to help all our members learn more about the region.

We have challenges based on each of our 17 counties and focused around 5 themes: Landmarks, Famous Locals, Local Delicacies, Active Activities and Crafts. Most of the activities should be adaptable for Zoom and for completing at home as well as in the unit.



<https://girlguidingnortheast.org.uk/wp-content/uploads/2021/01/50th-Birthday-Challenge-Badge-1.pdf>

## NEE Trefoil Guild Air Ambulance Challenge



If you are looking for something else to do with your girls, check out the Trefoil Guild Air Ambulance challenge - some fantastic activities with a wonderful badge and the opportunity to raise some funds for this great charity.

<https://www.trefoilguild.co.uk/AirAmbulanceChallenge>

# SPOTLIGHT ON ... Girlguiding North East England Region

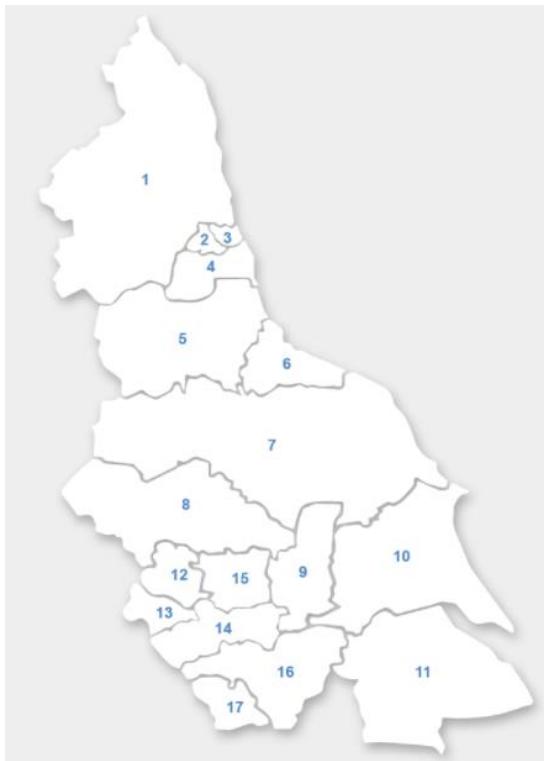
In 2021 Girlguiding North East England celebrates 50 years of the region!

Girlguiding UK is split into ten countries and regions. Our region, North East England, spans from the Scottish border in the North to Sheffield in the South, stretching from Spurn Point in the East to Ingleton on the border of Cumbria, encompassing the magnificent North Yorkshire Moors and Yorkshire Dales in between.

We are home to the Roman landmark Hadrian's Wall in Northumberland, York Minster the largest Gothic cathedral in Europe, beautiful coastal areas as well as vibrant cities like Leeds and Sheffield. Our region is split into 17 Counties and has over 56 000 members.

**Linda Grant** is Chief Commissioner for Girlguiding North East England. She has four deputy chief commissioners: **Jan Ali, Tracey Bottomley, Christine Kenyon and Julie Smith**. Our region President is **Mrs Pat Cliff**.

## *Girlguiding Counties in Girlguiding North East England Region*



1. Northumberland
2. Newcastle upon Tyne
3. North Tyneside
4. Durham North
5. Durham South
6. Cleveland
7. North Yorkshire North East
8. North Yorkshire West
9. North Yorkshire South
10. East Yorkshire
11. Lincolnshire North
12. West Yorkshire North
13. West Yorkshire West
14. West Yorkshire South
15. Leeds
16. South Yorkshire
17. Sheffield

**Look out for the next edition of the  
First Friday Flyer on  
Friday 3rd September 2021**