



Girlguiding North Yorkshire North East *Virtual Escapades*



Bonfire night window

Have a go at the following activities,
try at least 4 of the suggested
activities

Sleep Away

As we are still not able to have residential events with our units, for this element of the badge you need to “**sleep anywhere but in your own bed**”. This could be something as simple as sleeping on your bedroom floor, sleeping in another room in the house or perhaps making a den somewhere in the house if you are allowed to. Let your imagination go wild and see what you can come up with!



Don't forget to apply for the Girlguiding NEE Sleep Away badge or add this to your record for the next badge you can apply for. Check with your leader if you are not sure which badge you are due.

Get Active and step out with an autumn walk

Get out there and get active - plan a walk with your family or friends and then check the weather. Dress appropriately and off you go - remember to log how far you walk as it will count towards a region Step Out badge. If you are old enough to go with friends, make sure you tell someone where you are going and always stay safe. Encourage your family to get out and walk with you.



Autumn is the perfect time to get out on a nice walk.

Why not wander through the town, following a trail or a local wood or beauty spot, along the beach, by a running river or even a walk on bonfire night looking out for fireworks. You could also go for a midnight hike or a torch

light walk, everything looks and sounds different in the dark.

See what can you spot and why not collect some dry autumn leaves, acorns etc. See who can find the heaviest conker. Can you make a picture with what you find or why not plant any conkers or acorns and see if you can grow a tree?

Post your findings on our Facebook page: <https://www.facebook.com/Virtual-Escapades-NYNE-107827974322951/> and don't forget to total the distance you have walked and apply for your step out badges.

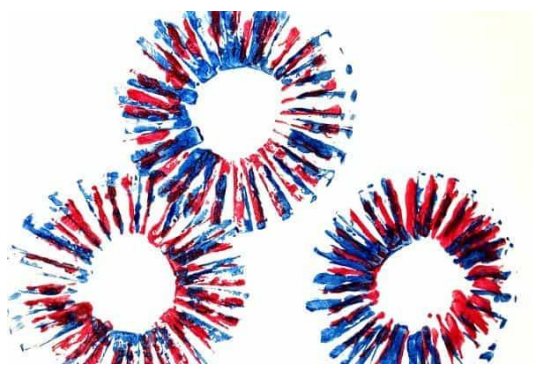
Check out the information on the county website about the region step out badges
<https://girlguidingnyne.org.uk/virtual-escapades/>

Bonfire Fun

November 5 is traditionally **Bonfire** Night, when we celebrate the foiling of Guy Fawkes' attempt to blow up the King and the Houses of Parliament. In 1605, he was found with a large amount of gunpowder, after hatching a detailed plot to kill the King. Check out this website for lots more information and find out why we have fireworks, bonfire and a guy on the bonfire:
<https://www.bbc.co.uk/newsround/15351828>

Have a go at a firework activity:

Fireworks Painting Activity



Materials:

- Toilet paper rolls (or paper towel rolls cut in half)
- Red and blue paint (we used glitter paint to add extra sparks!)
- Scissors
- Paper plates
- Paper
- Optional: other paint colors
- Optional: paintbrush

Instructions:



Cut slits around one side of the toilet paper roll with scissors. You can cut the slits as long and as wide as you wish.

Use your fingers to press or fold down the sides of the roll to the end of the slit. You can use the table to fan them out.



Pour the paints on paper plates. You can pour one colour per plate, or you can pour a couple of colours on one plate to get a different effect.

Tilt the plate so that the paint can spread out on the plate. If you are having trouble getting the paint to spread out, then you can use a paintbrush to help.



Dip the toilet paper roll in the blue paint gently. Stamp the toilet paper roll on a piece of paper.

Use a separate toilet paper roll, dip it in the red paint.



Stamp the toilet paper roll on top of the blue "fireworks."



Repeat for more fireworks!



Optional: Fireworks are not just blue and red! Play with other colour combinations and see what you come up with!

Firework in a glass jar



You will need:

A clean glass, water, cooking oil or baby oil, food colouring, droppers or pipettes (or anything which will help apply the colour in droplets), an audience.

Method

1. Grab a clean glass and fill it to about $\frac{3}{4}$ full with water. A tall glass is better as the colour will have further to fall, making the display last longer.
2. Pour a thin layer (about 3-4 mm) of oil (we used standard sunflower cooking oil) on top of the water
3. Drop different food colouring on top, so you end up with several large globs, each a different colour, suspended in the oil. Be careful not to drop

them in fast. We used pipettes to add colouring, but you could use any kind of dropper, even a straw would work to deposit the drops of colour.

Now wait.....and watch....the drops slowly fall, eventually breaking through the oil to explode into the water.

Bonfire Baking

Have a go at one of our recipes:

Before you begin any baking:

Wash your hands and put your apron on and remember to tie long hair back.

Clearing away after any baking:

Don't forget when finished to clear down, wash up, and tidy up like you would in your unit meetings. Remember If you need some help please ask a grown up, but remember as it is your baking you need to get involved as much as you can!

If you have a food allergy please substitute ingredients for suitable alternatives accordingly.

Bonfire Cupcakes

Ingredients:

For the cupcakes:

- 150g unsalted butter, softened
- 150g caster sugar
- 175g self-raising flour
- 1 tsp baking powder
- 25g cocoa powder
- 3 large eggs
- 1 tbsp milk
- Grated zest from one orange

For the buttercream:

- 110g unsalted butter, softened
- 440g icing sugar
- 2 tbsp freshly squeezed orange juice
- Red and orange food colouring

You will also need:

1 box of chocolate orange Matchmakers

Equipment

Muffin baking pan/cake tin

12 x Paper cases

Scales

2 x Mixing Bowl

Electric or Hand Mix

Oven Gloves

Table spoon

Method

Preheat oven to 180°C/350°F/Gas Mark 4. Get a muffin baking pan and 12 muffin-sized paper cases. Weigh all the cupcake ingredients and place into a mixing bowl. Once all the cupcake ingredients are in the mixing bowl, it is time to get mixing. You can use a wooden spoon if your butter is super soft or you can use an electric whisk. Whichever method you use, continue to mix until all the ingredients are combined and the mixture is smooth. Spoon the mixture into the paper cases, to about half way.



Get your oven gloves and carefully transfer the tray to the preheated oven. Leave to cook for approximately 20-25 minutes. While the cakes are cooking you can make the buttercream.

Place the softened butter into a mixing bowl and give it a whisk to break it up and soften it even further. Carefully weigh the icing sugar into another bowl. Start off by sifting just a small amount of icing sugar into the mixing bowl to join the butter; the equivalent of about 2tbsps. Whisk the icing sugar into the butter. Carry on adding the icing sugar in stages and whisking after each addition.

Once all the icing sugar has been incorporated into the butter, it's time to pour in the orange juice. Again add it slowly as you may need a little more or less to bring the buttercream together. Leave to one side for a moment.

Take the cooked cupcakes from the oven and leave to cool on a wire rack. In the meantime, get the buttercream ready for piping.

To add colour to the buttercream take a cocktail stick, dip it into the red food colouring and draw a line down the inside of a piping bag. Then do the same with the orange food colouring, but draw the line down the other side of the piping bag.

Add the buttercream to your piping bag and pipe the 'flame'. Place the piping bag above the middle of the cupcake and squeeze; this will create a tall flame. Carefully break the Matchmakers in half and place around the 'flame'.

If you do not have a piping bag, you could just colour the icing and spoon onto your cupcake.

Edible Sparklers

Rainbows/Brownies/Guides: Please ensure to have an adult with you as the water is hot.



Ingredients

Chocolate Fingers
Bowl of Hot Water
Sprinkles of your choice.

Equipment

Bowl
Plate

Method

Dip a chocolate finger biscuit in some hot water (to just melt a little) then dunk them in a pot of sprinkles. Perfect!

Other Ideas:

Have you thought about trying different flavours of chocolate fingers or different types of sprinkles to have lots of variety.

Firework Biscuits



Ingredients (Biscuits)

90g butter, unsalted, softened
100g sugar
1 egg, free range
1/2 tsp vanilla extract
200g plain white flour
1/2 tsp baking powder
Pinch of salt

Ingredients (Decoration)

Icing sugar
Food colouring
Water
Edible glitter/stars

Equipment:

Sieve
Large Bowl
Weighing Scales
Baking Tray
Cookie Cutters
Baking Paper
Table Cover
Fork
Large Spoon
Cooling Rack
Tea spoon/pastry brush

Sieve the flour, baking powder and salt into a bowl and set aside. In a large bowl cream the butter and sugar until pale. Beat in the egg and vanilla extract. Add the flour to the butter mix and mix until the dough is formed. Wrap the cookie dough in cling film and chill for at least one hour, so that it becomes suitable for rolling.

Preheat the oven to 170°C (150°C fan, gas mark 3).

Roll the dough out on a lightly floured surface to about 0.5cm. Cut out the cookies and transfer to baking sheets. Roll up the trimmings and repeat stages above to make more cookies

Bake for around 10 minutes - the cookies will be soft, so let them cool for a couple of minutes before moving them gently onto a wire rack. They should be set enough to move, but not cool enough that they've welded themselves to the baking paper. Leave to cool completely.

Decorating - The Fun Bit!

Make tiny quantities of coloured icing - red, orange, yellow and white work best for fiery firework colours. It needs to be runny, but not watery, so only add drops of water to your mix. Cover your table. Place biscuits on cooling rack. Splatter the icing over the biscuits, by using a teaspoon or a pastry brush - enjoy! Add edible glitter and stars if you wish.

Diwali



Diwali means rows of lighted lamps. It is a festival of lights and every Indian celebrates it with joy. During this festival, people light up their houses and shops. They worship Lord Ganesha for good welfare and prosperity and Goddess Lakshmi for wealth and wisdom.

(you can order the badge on the left from Girlguiding trading services or ask your leader about the badge)

The story of Rama and Sita



Rama and Sita were a prince and princess. The Queen did not want Rama to become the king, so she sent him and Sita to live a long way away in the forest.

Rama and Sita were happy living in the forest. An evil demon called Ravanna captured Sita. He wanted to make her his wife. Poor Rama was very sad and missed her.

Rama set out to look for Sita. He met Hanuman the king of monkeys. Hanuman and all the monkeys helped Rama rescue Sita from the evil demon Ravanna.

Rama and Sita returned to their home. All along the streets people celebrated. The streets were decorated and lit with diva lamps.

Diwali is celebrated on 14 November 2020 – why not try some of these activities

Diya Lamps

The traditional diya lamp is made of clay with a cotton wick dipped into oil or ghee. You could make one with oil but would have to be very careful it did not spill.

Make your own diya lamp

What You Need:

- air drying clay or saltdough (1 part salt, 2 parts plain flour, 1 part water, mixed together to make a dough)
- metallic paint
- glitter
- craft jewels
- a nightlight (could be battery operated)



What to Do:

Make a ball with the clay - it needs to be played with a bit first to make it soft. Push your thumbs into the middle and pull the sides up to form an edge. Mould into a bowl shape with a lip at one end. Leave to dry - refer to the instructions for this. Once dry cover with a thick layer of paint, metallic paint gives a lovely shine. Add glitter. leave to dry, again this is best overnight. Decorate with jewels or whatever you want.

Rangoli

Traditionally rangoli patterns are drawn with the fingers using flour, rice, or coloured chalk. Often patterns are symmetrical and can be square, rectangular, or circular. They usually represent nature.

Rangoli were originally done in small patterns of about 2-foot square, but now entire areas of floor can be covered in intricate designs. Colour in the template below to create your own rangoli patterns. Create your own traditional rangoli patterns to take it further.



Mehndi (henna)



Mehndi is also known as henna. It is a body art tradition which includes intricate patterns being drawn onto the hands and arms. Often used as part of celebration, mehndi is said to be a good luck charm. Have a go at drawing your own mehndi patterns on the hand template below.

You can check out your badges in your Badge Book and Rangers interest badges are on line as these activities could be a starting point for lots of badges <https://www.girlguiding.org.uk/what-we-do/our-badges-and-activities/badge-finder/>

Competition

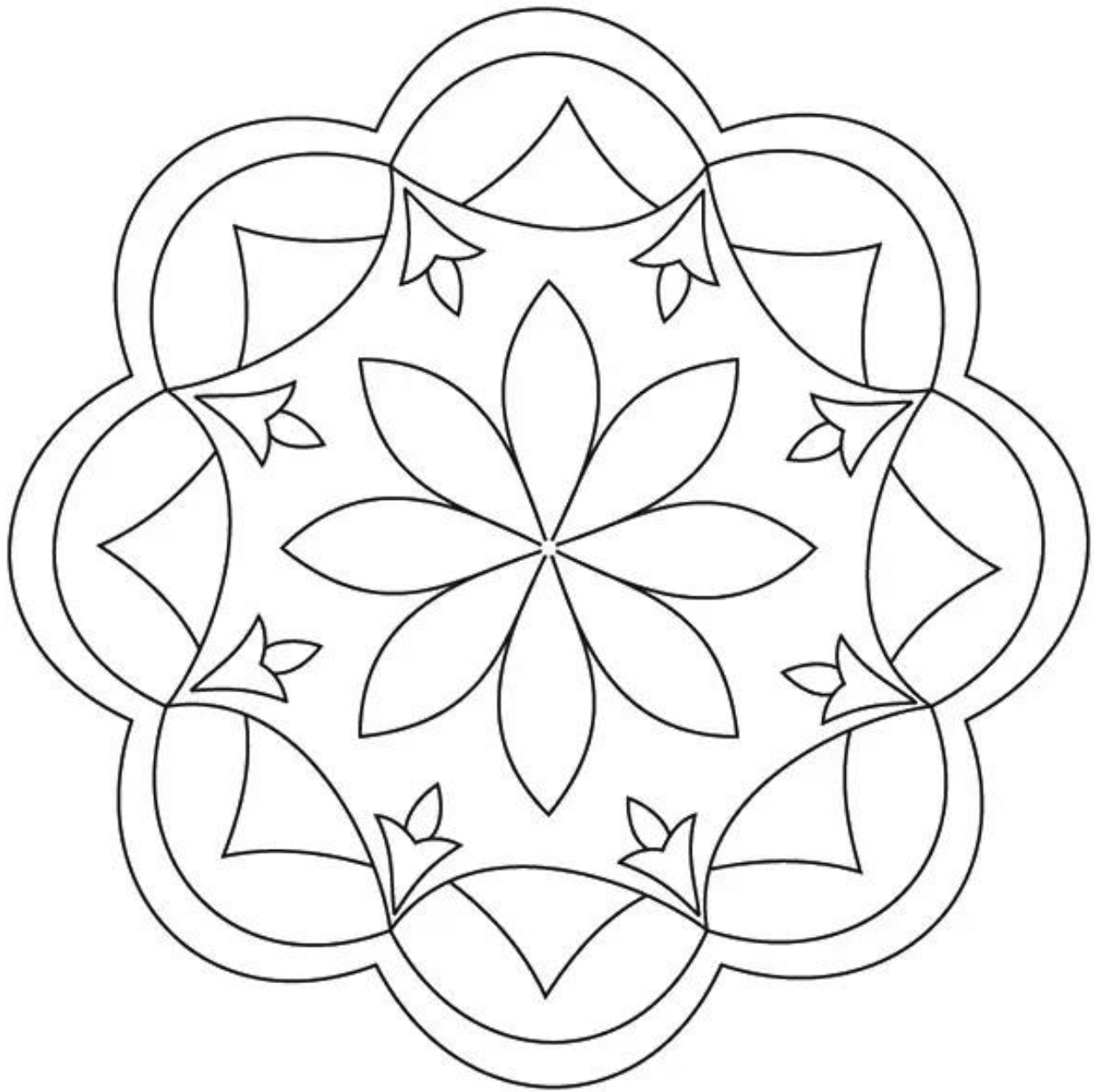
Our Competition for this window is “create a bonfire” The closing date is 30 November 2020. To enter you need to create your bonfire (see the ideas below), then get an adult to email a photograph of your entry to Virtualescapes@gmail.com. With parental permission we might feature your entry on our Facebook page – Virtual Escapes NYNE.

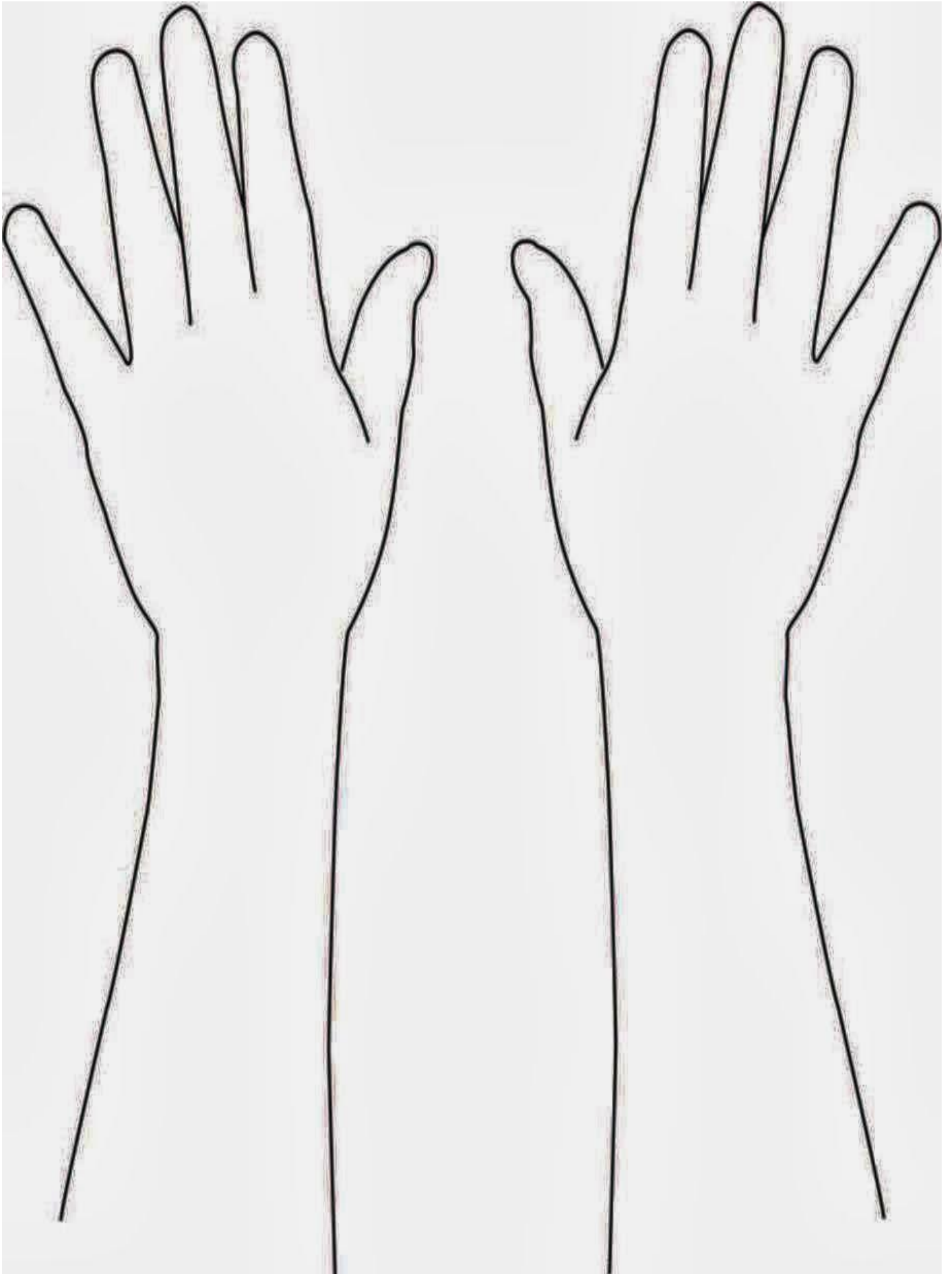


Bonfire Creation

Your bonfire can be made from whatever you want but here are some ideas:

- 🔥 Bonfire picture - you could use pens, pencils, crayons, paint or any other drawing equipment you might have
- 🔥 3D collage - made from a collection of materials and stuck onto paper/card. You could use leaves, twigs, sweet wrappers, tissue paper, wool or lolly pop sticks
- 🔥 Make a sculpture - with Lego, toilet roll tubes, playdough, clay or papier Mache
- 🔥 You could build big and make it from clothes and toys
- 🔥 Edible bonfire
- 🔥 A digital design or animation
- 🔥 **With parental consent** it could even be a real bonfire.







Girlguiding North Yorkshire North East



Virtual Escapades BADGE ORDER FORM

Name of member:

Unit:.....

Please send the following badges:

Badges – all 50p each	Number/distance	total
House		
Camp and holiday window		
Bonfire night window		
Christmas Fun window		
Thinking Day window		
NEE Region Sleep away badge (please state night required)		
NEE Region Step Out badge (please state distance required)		

I enclose a stamped addressed envelope and the amount of: securely taped inside a piece of cardboard or a cheque payable to Girlguiding NYNE.

Check the initial information document for details of the region badges <https://girlguidingnyne.org.uk/wp-content/uploads/2020/07/Virtual-Escapades-initial-information.pdf>

Contact email address:.....

Parent/guardian/leader signature:.....

Send order form to **Virtual Escapades, Rigg House, Sutton, Thirsk YO7 2QE**